

Summer Puzzles and Crafts



ACTIVITY
CIRCLE



Created by dementia specialists who've worked as Activity Directors, Care Home Managers, and Trainers, bringing real-life experience to activities.



Beach Days



Can you find the words hidden in the wordsearch?

A	N	T	F	I	N	A	L	T	Q
R	D	R	R	C	E	S	E	A	S
O	H	B	L	E	U	U	T	O	P
C	A	U	L	C	A	N	A	B	A
K	Q	C	E	R	S	E	R	H	D
P	A	K	H	E	N	B	S	G	E
O	H	E	S	A	N	D	C	B	L
O	A	T	O	M	Z	L	K	O	E
L	T	W	A	V	E	S	E	S	Y
N	E	C	M	A	K	M	U	T	K

Sand

Bucket

Spade

Rockpool

Ice Cream

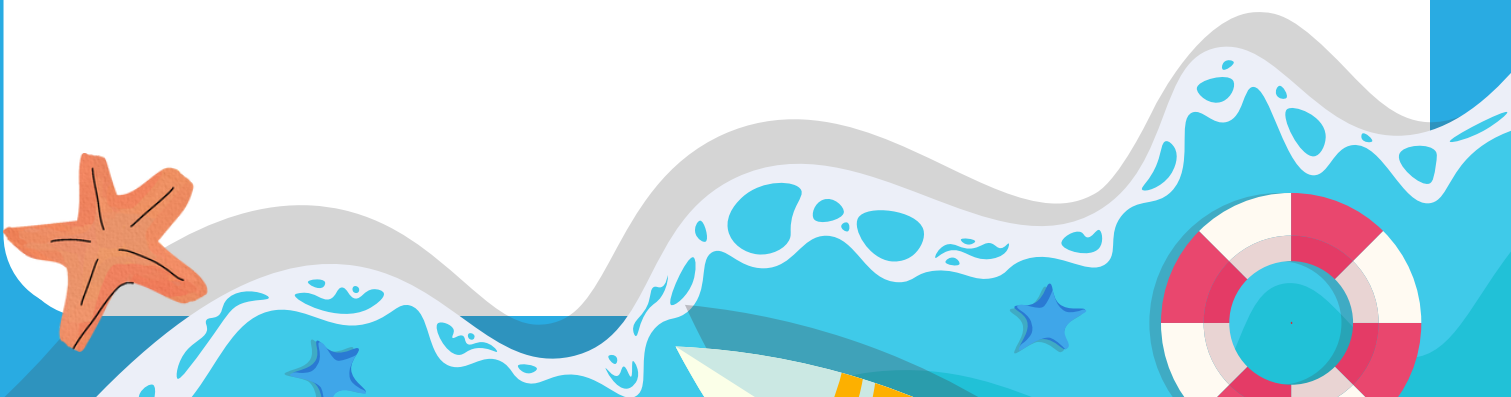
Shell

Waves

Sun

Sea

Boat





Beach Days



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A	N	T	F	I	N	A	L	T	Q
R	D	R	R	C	E	S	E	A	S
O	H	B	L	E	U	U	T	O	P
C	A	U	L	C	A	N	A	B	A
K	Q	C	E	R	S	E	R	H	D
P	A	K	H	E	N	B	S	G	E
O	H	E	S	A	N	D	C	B	L
O	A	T	O	M	Z	L	K	O	E
L	T	W	A	V	E	S	E	S	Y
N	E	C	M	A	K	M	U	T	K

Sand

Bucket

Spade

Rockpool

Ice Cream

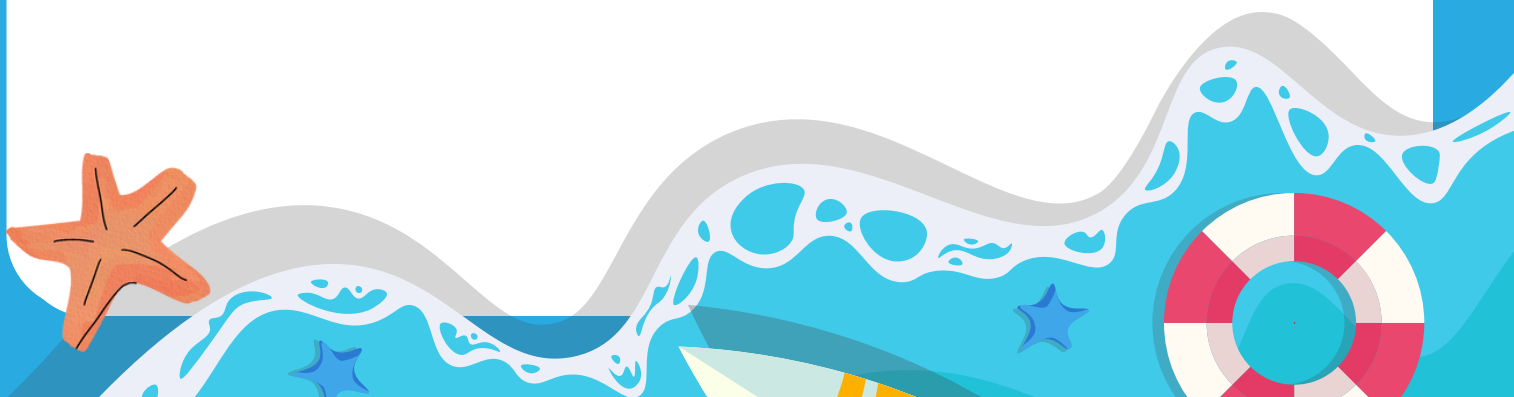
Shell

Waves

Sun

Sea

Boat



Summer Foods

Can you find the words hidden in the wordsearch?

S	A	L	A	D	N	A	L	I	Q
T	Z	R	R	C	E	T	E	C	E
R	L	E	M	O	N	A	D	E	S
A	A	U	G	C	A	N	F	L	A
W	A	T	E	R	M	E	L	O	N
B	A	R	B	E	C	U	E	L	D
E	H	E	M	B	O	D	C	L	W
R	A	T	O	M	R	L	M	Y	I
R	T	P	I	C	N	I	C	N	C
Y	S	A	U	S	A	G	E	T	H

Strawberry

Watermelon

Barbecue

Salad

Ice Lolly

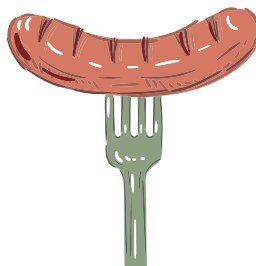
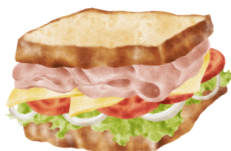
Lemonade

Sandwich

Sausage

Picnic

Corn



Summer Foods

Can you find the words hidden in the wordsearch?

S	A	L	A	D	N	A	L	I	Q
T	Z	R	R	C	E	T	E	C	E
R	L	E	M	O	N	A	D	E	S
A	A	U	G	C	A	N	F	L	A
W	A	T	E	R	M	E	L	O	N
B	A	R	B	E	C	U	E	L	D
E	H	E	M	B	O	D	C	L	W
R	A	T	O	M	R	L	M	Y	I
R	T	P	I	C	N	I	C	N	C
Y	S	A	U	S	A	G	E	T	H

Strawberry

Watermelon

Barbecue

Salad

Ice Lolly

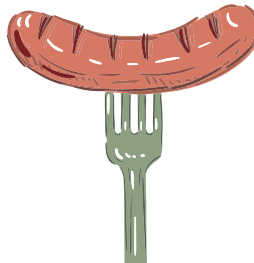
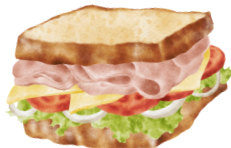
Lemonade

Sandwich

Sausage

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Corn



Summer Holidays

Can you find the words hidden in the wordsearch?

R	N	L	K	E	N	H	L	B	Q
T	R	A	I	N	T	O	W	E	L
R	F	E	C	Y	A	T	D	A	E
A	L	U	E	C	H	E	F	C	S
V	I	G	C	R	N	L	V	H	A
E	P	R	R	R	U	U	K	B	C
L	F	S	E	A	S	I	D	E	T
R	L	T	A	M	R	L	M	A	I
R	O	P	M	C	N	I	C	C	U
F	L	I	P	F	L	O	P	S	S

Travel

Sunhat

Suitcase

Train

Hotel

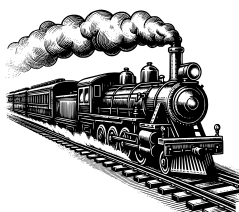
Seaside

Beach

Ice Cream

Towel

Flip-Flops



Summer Holidays

Can you find the words hidden in the wordsearch?



Travel

Sunhat

Suitcase

Train

Hotel

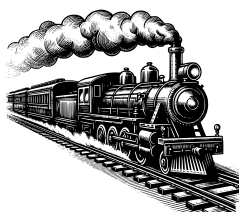
Seaside

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Colouring and Crafts

Facilitator Guide



Creative activities like colouring and simple crafts offer more than just fun. They provide opportunities for gentle focus, sensory stimulation, and expression — all without the pressure of “getting it right.” These activities are inclusive, calming, and easy to adapt to different abilities and energy levels.

Standard Colouring Pages

How to Use:

Offer a small selection at a time (2–3 choices works well)

Use a mix of felt-tips and coloured pencils (thicker pens for those with reduced grip)

Play quiet music or use the time to chat one-to-one

Encourage freedom — no “right” colours!

Tips:

Try pairing a colouring page with a themed conversation prompt (e.g. Colouring a beach hut → “Did you ever visit a beach like this?”)

Display finished pictures in communal areas or personal rooms

For those with limited dexterity, try partially coloured sheets to complete

Interactive Craft: Under the Sea Scene

This activity includes a background scene and a sheet of fish and sea creatures to cut out, colour, and stick on — creating a personal ocean display.

How to Use:

1. Provide each person with one sea background and a copy of the fish sheets
2. Invite them to colour the fish and sea creatures in their own style
3. Support with cutting if needed, or pre-cut shapes for those with motor difficulties
4. Use glue sticks or blu tack to place the fish on the background

Tips:

- Encourage imagination — fish can be purple and striped, or glittery and spotty
- Make it collaborative: join several sea scenes together to create a group ocean mural
- Use it as a conversation point: “Have you ever been to an aquarium or paddled in a rockpool?”



