



NATIONAL ASSISTED LIVING WEEK® • SEP 7-13, 2025

Adventure Films



Adventure Film Activity

Facilitator Guide

Overview

This light-hearted group activity uses famous adventure films as a starting point for conversation, reminiscence, and laughter. Participants are given clues about the plot, one at a time, until someone guesses the film. The clues become more obvious as you go. There is no rush to get the "right" answer the aim is enjoyment and shared memories.

Preparing the session

- Print or write the clues for each film. Reveal them gradually in order.
- Arrange the seating so everyone can see and hear each other. A circular or horseshoe layout works well.
- Have a few extra "bonus" films ready in case your group gets through them quickly.

How to play

1. Tell the group you'll be describing the story of a well-known adventure film in stages.
2. Start with the first clue, it will be quite vague to begin with.
3. After each clue, invite everyone to guess. If there's no correct answer, move to the next clue.
4. Keep the pace relaxed. Allow time for conversation or personal memories that may arise.
5. When the film is guessed, or when you've read all the clues, share the answer and perhaps a little extra trivia about it.

Facilitator tips

- Encourage all contributions. Sometimes the wrong guesses lead to the best stories.
- Watch for signs of tiredness. You can always take a short break or finish early.
- Be flexible. If a clue prompts a chat about something else, let it flow for a few minutes, this can be just as valuable as the game itself.
- Support those who need more time. Avoid rushing to the next clue too quickly.
- Use expressive tone and pauses. This helps bring the clues to life and makes them easier to follow.

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Film Clue Sets

1. Indiana Jones: Raiders of the Lost Ark (1981)

1. An archaeologist travels the world looking for ancient treasures.
2. He often finds himself in dangerous, exotic locations.
3. A powerful artefact is hidden somewhere in the Middle East.
4. The villains chasing it wear military uniforms from the 1940s.
5. There are snakes. Lots of snakes.
6. He wears a fedora hat and carries a whip.

2. Jurassic Park (1993)

1. A wealthy businessman invites experts to a secret island.
2. The island is home to creatures not seen for millions of years.
3. Security systems fail during a tropical storm.
4. Giant footprints appear in the mud.
5. The roar of a huge predator echoes through the jungle.
6. The guests are chased by dinosaurs.

3. The Goonies (1985)

1. A group of children set off on a quest to save their homes.
2. They follow a mysterious old map.
3. Underground tunnels lead them through traps and puzzles.
4. They are pursued by a family of criminals.
5. A pirate ship is hidden in a secret cavern.
6. The treasure they find changes everything.

4. Back to the Future (1985)

1. A teenager spends time with an eccentric inventor.
2. A strange car is the centre of their experiments.
3. Lightning plays an important role in the story.
4. The main character's parents are much younger than he is.
5. He must make sure they fall in love or he'll disappear.
6. Time travel causes some very funny problems.

5. The Princess Bride (1987)

1. A story is told by a grandfather to his grandson.
2. It involves a farm boy and a young woman who fall in love.
3. The farm boy disappears and is believed dead.
4. There is a duel on a cliff top.
5. A giant helps the hero.
6. The hero's catchphrase is "As you wish."

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Film Clue Sets

6. E.T. the Extra-Terrestrial (1982)

1. A young boy finds something unusual in his back garden.
2. His new friend is very far from home.
3. They communicate in a gentle, almost magical way.
4. Scientists and government agents come looking.
5. A bike ride takes place in front of the moon.
6. The famous line is "Phone home."

7. Pirates of the Caribbean: The Curse of the Black Pearl (2003)

1. A young blacksmith is in love with the governor's daughter.
2. A band of pirates attacks the town.
3. They are cursed and cannot die.
4. Their ship is one of the most feared on the seas.
5. A flamboyant captain seeks to get his ship back.
6. There's plenty of sword fighting and rum.

8. The Mummy (1999)

1. Explorers search for a lost city in the desert.
2. They discover something that should have been left alone.
3. An ancient curse is unleashed.
4. The villain can summon plagues.
5. Swarms of scarab beetles cause trouble.
6. The hero must stop the undead before it's too late.

9. Up (2009)

1. A man lives alone in a house full of memories.
2. He ties thousands of balloons to his home.
3. His destination is a remote waterfall in South America.
4. A young boy accidentally comes along for the ride.
5. They meet a talking dog and a colourful bird.
6. The adventure changes both their lives.

10. National Treasure (2004)

1. A historian searches for a hidden fortune.
2. Clues are linked to American history.
3. A map is hidden in a famous old document.
4. The race to the treasure involves rival treasure hunters.
5. They visit landmarks and monuments to solve puzzles.
6. The Declaration of Independence is stolen.

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Film Clue Sets

Bonus 1 – The Great Escape (1963)

1. A group of soldiers are held in a prisoner-of-war camp.
2. They secretly work together on a daring plan.
3. Tunnels are dug under the camp.
4. The plan involves forged papers and stolen clothes.
5. Motorbikes and fences feature in the final chase.
6. Based on a true story from the Second World War.

Bonus 2 – Lawrence of Arabia (1962)

1. A British officer is sent to the Middle East.
2. He travels across deserts with local tribes.
3. A daring raid on a train becomes a turning point.
4. Camels are the main form of transport.
5. The story is based on a real person.
6. Sweeping desert scenery is one of its most famous features.

Bonus 3 – The African Queen (1951)

1. A small boat carries two very different passengers.
2. They begin their journey with little trust in each other.
3. The river is full of danger.
4. They face rapids, heat, and biting insects.
5. A plan is made to attack a German warship.
6. Starring Humphrey Bogart and Katharine Hepburn.

Bonus 4 – Around the World in 80 Days (1956)

1. A wealthy gentleman makes a bold bet.
2. The challenge is to travel all the way around the world.
3. He is joined by a loyal servant.
4. They face delays, surprises, and many different forms of transport.
5. An elephant ride is part of the journey.
6. The story is based on a novel by Jules Verne.

Bonus 5 – The Sound of Music (1965)

1. A young woman becomes a governess for seven children.
2. Music and singing transform the household.
3. The children's father is a strict naval officer.
4. Romance begins to blossom.
5. The family faces danger from political changes in their country.
6. They escape across the mountains to freedom.

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Extra Reminiscence Questions

1. Indiana Jones: Raiders of the Lost Ark

- Have you ever collected or found something that felt like a real treasure?
- Do you remember visiting a museum when you were younger?

2. Jurassic Park

- Did you ever enjoy visiting a zoo or wildlife park?
- What animals do you remember seeing on school trips or family days out?

3. The Goonies

- Did you ever go exploring with friends when you were younger?
- Can you remember a time you followed a map or looked for hidden things?

4. Back to the Future

- If you could travel to any year in the past, which would you choose?
- What kind of car do you remember from your younger days?

5. The Princess Bride

- Do you remember a story someone read to you as a child?
- Who were your favourite book or film heroes?

6. E.T. the Extra-Terrestrial

- Did you have a favourite toy or object you carried everywhere?
- Can you remember a time when you met someone from a very different place or background?

7. Pirates of the Caribbean: The Curse of the Black Pearl

- Did you ever read or hear stories about pirates when you were younger?
- Have you ever been on a boat trip?

8. The Mummy

- Have you ever been somewhere with very old buildings or ruins?
- Do you remember learning about Ancient Egypt or seeing mummies in a museum?

9. Up

- Did you ever go on a long journey or holiday somewhere new?
- What was your favourite home you ever lived in?

10. National Treasure

- Did you enjoy solving puzzles or riddles when you were younger?
- What is the most interesting historical place you've visited?

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Extra Reminiscence Questions

Bonus 1 – The Great Escape

- Do you remember watching a film or TV programme about true events?
- Have you ever ridden a bike somewhere exciting or unusual?

Bonus 2 – Lawrence of Arabia

- What is the hottest place you've ever been?
- Do you remember seeing camels in real life or in pictures?

Bonus 3 – The African Queen

- Have you ever been on a river or lake in a small boat?
- Do you remember working with someone you didn't get along with at first?

Bonus 4 – Around the World in 80 Days

- What's the furthest you've ever travelled from home?
- Do you remember travelling by train, boat, or another unusual way?

Bonus 5 – The Sound of Music

- Do you remember learning or performing a song as part of a group?
- Have you ever walked in the countryside or the mountains?